

A Comparative Study of self Confidence among Final Year BSc and BA Students

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Abstract:

The purpose of the present study was to sketch out the level of self-confidence among final year Bsc and BA students. This study delimited to male students only. Mean, Standard Deviation, Percentages and t-value were utilized to identify the difference between self-confidences of students. Information was collected from 60(30+30) male students of final year Bsc and BA were randomly selected as subject for the study. For the fulfillment of study purpose Agnihotri's Self Confidence Inventory (ASCI) was utilized for data collection. This questionnaire has been design by Dr. Rekha Gupta (Agnihotri). From the analysis of data revealed that the BA students have more self-confident than final year Bsc students.

Keywords: Final year Bsc and BA students, self-confidence.

Introduction:-

Confidence is learned, it is not inherited. Self confidence is a characteristic or aspects of self concept, and should not be confused with self concept itself. It is simply an attribute of perceived self, like self esteem. Self confidence is another self construct.

Self confidence is a positive attitude of oneself towards one's own self concepts. This makes it possible for an individual to communicate assertively without any difference or aggression. The Self confidence is the internal state of mind of an individual, which renders athletes capable of meeting any situation in life with confidence and in a positive manner. Self confidence makes it possible for an individual to perceive athletes ability, to act effectively in a situations of crisis and to overcome obstacles.

In fact, success or victory strengthens Self confidence and failure or defeat retards its. Moreover, encouragement and sympathy from the coach built up Self confidence. Self confidence is essentially an attitude which allows us to have a positive and realistic perception of ourselves and our abilities. It is characterized by personal attributes such as assertiveness, optimism, enthusiasm, affection, pride, independence, trust, the ability to handle criticism and emotional maturity. In the other words of Basavanna (1975), "self confidence refers to an individual's perceived ability to act effectively in a situation to

obstacles and to get things go all right". Self confidence is not necessarily a general characteristic which pervades all aspect of a person's life. Typically, individuals will have some areas of their lives where they feel quite confident, e.g. academics, athletics, while at the same time they do not feel at all confident in other areas, e.g. personal appearance, social relationships. Many factors affect the development of self confidence.

This study was delimited to final year Bsc and BA male students of S. G. Patil Arts, Science and Commerce College, Sakri. The study hypothesises that, "There is no significant difference between self-confidence of final year Bsc and BA students".

The aim of present study was to sketch out level of self confidence among final year Bsc and BA male student.

Methods:-

i) Selection of Subjects:-

To find out level of self confidence among final year Bsc and BA male students, information was collected from 60(30+30) male students of final year Bsc and BA S. G. Patil Arts, Science and Commerce College, Sakri who were randomly selected as subject for the study. Mean, Standard deviation, Percentage and t-vaule were used as statistical tools to analyze the data and its presentation.

ii) Tools of the Study:-

For the fulfillment of study purpose Agnihotri's Self Confidence Inventory (ASCI) was administered for data collection. This questionnaire has been design by Dr. Rekha Gupta (Agnihotri). This standardize questionnaire consists of 56 items in the form of true/false. The reliability and validity of the questionnaire is .91 and .82.

Analysis of Data and Result of Study:-

Comparison of self-confidence between Final year Bsc and BA students:

Self confidence has been calculated on the basis of ASCI. The comparative view of self confidence has been presented in table I and II:

Table-I Showing number of students falling in various categories in the present study

Raw Scores	Interpretation	Final year BA Students	Percentage	Final year Bsc Students	Percentage
7 & above	Very High Self Confidence	02	6.67%	01	3.33%
8-19	High Self Confidence	11	36.67%	07	23.33%
20-32	Average Self Confidence	10	33.33%	12	40%
33-44	Low Self Confidence	07	23.33%	10	33.33%
45 & above	Very Low Self Confidence	-	Nil	-	Nil
	Total	30	100%	30	100%

The above **Table-I** shows Percentage of self-confidence of Final year Bsc and BA students. As per the result, final year BA students had high confidence level as compared to final year Bsc students. At the same time final year Bsc students had low self confidence as compared to final year BA students. But, no one was reported in the category of very low self confidence. The same has been shown with the help of the following graph given as Fig. I

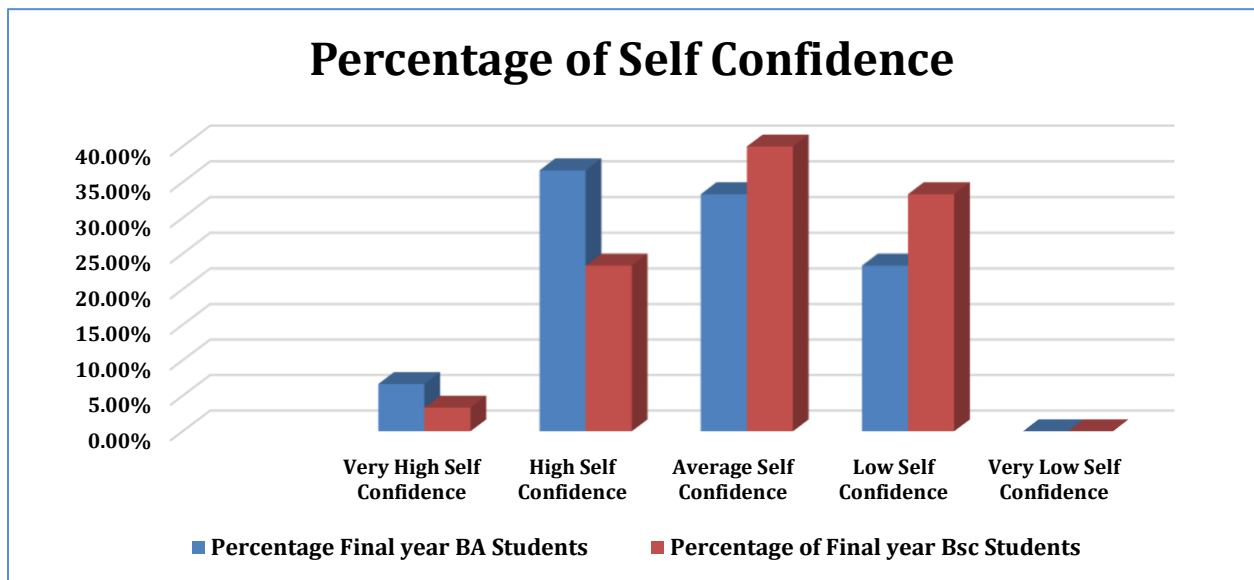


Fig. I:- Percentage of Self Confidence

Table-II Showing significance of mean difference in Self Confidence among the students

Variable	Sample	Mean	Mean Difference	S.D	Degree of Freedom (df)	T- Value
Final year Bsc Students	30	27.1	4.4	8.50	58	1.69
Final year BA Students	30	22.7		9.53		

The result of the study shows that the Mean (SD) score of the self confidence level of final year Bsc and BA students were 27.1 (8.50) and 22.7 (9.53). It further shows that mean of self-confidence of final year Bsc students was quite high as compared to BA students at 0.05 level of significance for the degree of freedom (df)- 58, at 0.05 level of significance t value= 2.05 and 0.01 level of significance t value= 1.7. Calculated t value= 1.69 which is less than the table t value at both the level hypothesis rejected the result that there is significant difference between self-confidence of final year Bsc and BA students it

Conclusion:

- There was a significant difference between final year Bsc and BA students.
- Final year BA students had more self-confident than final year Bsc students.
- Both the group were found nil in the category of very low self confidence.

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