

**THE HAPPINESS OF CAREER WOMEN WHO NURTURE CHILDREN WITHOUT
HUSBANDS**

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ABSTRACT

In this study, the writer discusses about the happiness of career women parent who raised their children without their husbands who have been deceased. As we can see, a woman can role two figures, one as a mother and another role is as a career woman. The aim of this research are to find out the imaginary of the happiness itself, the affecting factors, and the processing of the happiness in a career woman who raised her child without husband assistance. The subjects of this study is the women who have such qualifications above. The techiques of collecting data in this study such as unstructured interviews and observations. The results of this research can be concluded that the affecting factors the happiness are from family or child, health and economy. Meanwhile , the imaginary of happiness are based on the affective and the cognitive aspects.

Keywords: happiness, career women.

INTRODUCTION

A. Background problems

In this era, being a career woman is a normal. As a woman itself, she has two roles in her life. One as a mother and another one is as a career woman. There are reasons following this role, internal and external reasons. The internal reason is that there is a desire from the woman to help family financial and the external reason is the support of family member, which in this case is from husband and children.

In a family, a child is the main thing for parents responsibility. Giving well education, affection, caring, protecting and nurturing are one of parents obligations. We called it as Parenting. Parenting is a way or skill about how to raise children, how to educate children, build relationship between parents and children and to behave to children.

Parents also feel happy and get all the happiness by the presence of a child. When a child was born, you can see how grateful and happy his parents were. They both raised the kid with love, affection, etc. All the feelings can be felt by parents when they have a child.

Veenhovent (1995) said that happiness is a mention degree of quality of life that please's one self. Veenhovent also adds happiness is life satisfaction.

The conclusion of the background to the problem in this study was a mother who had a double role in her life. The first of a mother who serves as a mother to her son and the second role is a woman who works or careers to fulfill the needs of her family's life. Where the woman had to take care of her own child because her husband had died and it was also very influential in the happiness of the woman.

B. Research Purpose

Based on the background problems above, there are some problems that need to be discussed. The problems are as follows:

1. How is the happiness of a career woman caring for a child without a husband?
2. What factors lead to the happiness of career woman who nurture children without a husband?
3. How does the subject happiness progress?

C. Study Questions

In accordance with the research purpose above, the purpose of this research are to understand the description of the happiness of a career woman who parenting without a husband, what factors that caused the happiness of a nurturing career woman without a husband and the process of developing happiness of the subject.

BASIC THEORY

A. Happiness

Biswas, Diener and Dean (2007) said that happiness is the difficulty of all human life, what makes life better in overall ways such as better health, high creativity or even higher income. Veenhovent (1995) defined happiness as the degree of quality of life that pleases one's self. Veenhovent also adds happiness is a life satisfaction. Oishidan Koo (2008) defined happiness as a talent constricted in general which based on the indication level of life satisfaction. Happiness is also defined as the advantage of positive effects of negative effects and a comprehensive range of life satisfaction.

According to Seligman (2002), the real happiness comes from an understanding the strength of the character that belongs to and instilled and the usage all of it in all aspects of life. In short, someone who has abundant wealth will not necessarily feels the real happiness. The strength of character that stands out in each individual is different in each culture.

These cultural differences form confidence and value to the individuals, causing differences in how to achieve happiness and life satisfaction in different cultures (Compton, 2005). In addition to cultural factors, the impurity perceived by a person influenced by other

factors such as personality, sociodemography characteristics, economics circumstances and health (Rice and Steele, 2004). While Myers (2007) stated that happiness is a life experience characterized by positive feelings such as happy feelings and thoughts that lead to life satisfaction.

The aspects, factors, elements and characteristics of happiness contributes strongly as the concept of happiness is more complex. These aspects such are; affective and cognitive aspects. One's happiness can be caused by several factors such as; culture, social life, religion or religious, marriage, age, money, health and gender. The elements of affection (feeling and emotion) and the element of satisfaction of life (the quality of one's life). And the last, the characteristic of a happy person can be seen from several ways such are; self-respecting, optimistic, openness and self-control.

B. Women's Career

The phenomenon of women working in various fields is regarded as something that relatively new in Indonesian society. Although this phenomenon is increasing in commonplace of the world, however the women's role are considered unsuccessful if they cannot balance it with the ability of managing households (Irvanus, 2002).

A career woman refers to a profession. Career is a masterpiece. In brief, housewives are actually career women. However, a career woman is a woman working besides her career as a housewife (Oetomo, 2007). Other opinions of career women are women who work to develop careers (Munandar, 2001).

A career parent is an elderly person who has a job outside the home besides managing his or her household obligations. The parents parenting career can be articulated as the attitude of parents doing the obligations above with his career status (Chabib Thoha, 1996).

RESEARCH METHOD

A. Research approaches

This research approach used qualitative approach in this case study. Susilo Rahardjo Gunanto (2011) said case study is a method of understanding individuals who carried out integrative and comprehensive in order to obtain a deep understanding of the individual and the problems he faced with the purpose that the problems can be resolved and gained good self-development. A similar opinion is conveyed by Bimo Walgito (2010) that case study is a method of investigating or studying an incident about an individual (a history). In this case study, this method needed a lot of informations and wider materials. This method is an integration of data obtained by other methods.

B. Subject

The subject of this research is a career woman who raising a child without a husband. The number of subjects in this study is counted to the one who has the closest characteristics of the requirements of this study.

C. Data collection Techniques

In this study, the data collecting techniques used interview and observation techniques. According to Kartono (in Basuki, 2006), interview is a direct conversation at particular problems, questioning and answering process in verbal communication, in which two or more people physically face to face. According to Klinger (in Basuki 2006), interview is an interfacing personal role situation, when a person acts as an interviewer to an interviewee asks designed questions to obtain answers relevant to the research issue. In this study, the writer used unstructured interviews.

RESULTS of ANALYSIS AND DISCUSSION

A. Results of analysis

1. The description of the happiness of career women who nurture their children without husband are as follows:
 - a. The affective aspect is described as the emotional experience of pleasure, excitement and othee positive emotions. The affective aspect is evident through the time when the subject was interviewed. When the subject was interviewed, she answered the questions happily and showed no burden although her marriage life was incompleted. In other answers, the subject seemed happy, excited and no burden feeling. The subject is happy because she is always together with her son and gets support from her family.
 - b. The Cognitive aspect is satisfaction with variation domain of life. This aspect reflects the satisfaction of her life in various ways. The subject is happy to spend her time with her child and the subject feels happy when she learns her son's development in thinking and speaking. In this part, it is obvious that her son's development is the the subject matter and her happiness.
2. Two factors which affect the happiness of career women who nurture children without husband are factors from the inside of the subject (internal) and the outside of the subject (external).
 - a. Family and children
Family and children are things of the happiness of a person from external factors, however the affection is greater than any other factors. Family is the biggest factor that affects her happiness because the attention and affection given from family makes the subject feels to keep her life go on. The child also plays role in the subject happiness, because seeing them grow makes the subject happy and realises that she should continue her life, although her husband is no longer with her anymore.
 - b. Money (Economic)

Economic factor plays an important role in someone's happiness. The subject thinks that she should do investment for her son's future life as a preparation.

c. Health

Health is an important factor in someone's level of happiness because if a person has five or more health issues, the happiness of Merepa would decrease time by time. The subject has expectations to keep together with her child until she or he is an adult person. The subject also expects that her child will always be happy, stay healthy and long live and be able to see her children in the future.

3. The process of development of women happiness who parenting without husband is not an easy process. Many obligations and responsibilities should be done by herself. The first process of development is when the subject sees her children's growth since they were born until today. This realization makes the subject does not feel lonely and sad, because her husband could not see them too. The loneliness and sadness that has been perceived by the subject gradually gone. In addition, family support makes the subject stronger and reliable to live her life. The subject does not feel lonely because she gets moral supports that always given by her family.

Discussion

1. Portrayal of the happiness of career women who nurture children without a husband.

In Andrew and McKenel (in Carr, 2004) A picture of the happiness of a career woman caring for a child without a husband is taken from the aspect of happiness, which is the affective aspect of the emotional experience of pleasure, excitement, and other positive emotions. While the second is a cognitive aspect is a satisfaction with a variation of the domain life like family. The link between the aspect with interviews and observations is that when the subject feels happiness when he is in the middle of his family and that picture is obvious when the subject's interview is very happy even though only the two live with his son. By looking at the development of his son in speaking and thinking and also during observation is when the subject play spending time with his child the subject looks happy.

2. Factors that lead to the happiness of career women who nurture children without husbands.

Not all of the factors that cause happiness relate to the happiness of the subject. There are only a few factors from many factors based on the theory that is embedded in Chapter two. Some of these factors are family and children, money, and health. Of many factors, family and child factors become the biggest factor that leads to the happiness of career women who nurture children without a husband. The family that always supports

the subject is one of the causes of happiness because with the family support the subject feels rigid and has to endure for the child to feel no life alone. The child also plays an important role when the subject spends wantu with his son and sees the development of his child. The second is money, almost everyone acquires a basic need, an increase in wealth does not really impact happiness (Seligman, 2005).

The subject can be said enough and the subject always saving to fulfill daily needs as well as the subject also wants to save for the future of his son. When the observation progresses the subject is also visible to fulfill the needs of his life and the needs of his son. And the last is health. Good objective health is not so much related to happiness (Seligman, 2005) according to Seligman (2005) What is important is our subjective perception of how healthy we are and people who have five or more health problems, Their happiness is reduced in line with time. Where at the time of the interview the subject asked for health for her and her child to be able to accompany her child until her child grew up and had a family. During the observation, also when finished praying the subject always pray for the health of himself and his son.

3. The process of women's happiness career that parenting without a husband

The process of happiness of subjects was influenced by his son, at the time of the interview the subject said that happiness is when seeing his son from the first when left by his father until Now his son is two and a half years old. By looking at the development of his son in speaking or thinking and the support of the family that is always accompanying him is the thing that can make the subject gradually forget his past. The subject must be rigid and patiently for his son.

CLOSING

A. Conclusion

1. The depiction of the happiness of a career woman who parenting without a husband of the subject is a happy expression. The happiness itself is influenced by her son, exactly when she sees her son's growth and development. After work, the subject takes care of her son and spends her time with him. This moment is such a great quality time for her and her son to do many things together.
2. Factors that lead to the happiness of career women nurturing children without husband are the support of family and the child. The first one is when the subject's family always gives support to the subject when she has difficult time which in this case is losing a husband, in order to the subject will be stronger and keep her life goes on. The second one is the child, who plays important role in the happiness of the subject by seeing him grows and develops, and spends her time with him. The other factors is social life. The subject has a simple social life, where in this case, the subject always do saving for their daily life indeed for the life of her child in future. The third is health. Health is the ones

of factors of the happiness, because the subject has big expectations that she will always accompany her child until he is mature enough.

3. The process of a career woman parenting without a husband is when the subject has to be stronger and reliable for her beloved son. Supporting from her family and the child are very helpful for her to forget her past. The subject is always happy although she lives only with her child and gets moral supports from her family.

B. Suggestion

1. Subject.

The subject of this study contains the descriptions of the happiness of a career woman who raising a child without a husband, factors that affect the happiness of career woman who parenting without a husband, also how the happiness processed the happiness of career woman who parenting without husband. The subject is forced to be strong and patient are the biggest things to be implemented until her son is understand that her father is no longer with him anymore. The supporting of the family also gives the subject new spirit to live her life.

2. Further research

Further research is expected to be conducted more related to the happiness of career women who nurturing children without husbands, factors that lead to the happiness of career women who parenting without husband, and the process of happiness of career women raising her child without husband. This research still has many shortcomings, and further research from next researchers is very helpful in order this research is better.

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